

DAILY PRAYER GUIDE

for Praying Scripture



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Unless otherwise indicated, all Scripture quotations are from the Holy Bible, King James Version.

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Praying Scripture

The prayers below follow the sequence Jesus gave us in his model prayer. They are offered as examples of how to take God's Word and convert it into personal prayer. In order to make Scripture more personal, the first person singular personal pronouns ("I, me, my") are used.

I think we can safely say that no prayer more accurately reflects the will of God than those which use the language which God Himself gives us. No request is more sure to be granted than that which expresses what God Himself has promised to fulfill. No petition is more sure to be answered than that which pleads for what God already commands. "The words of the LORD are pure words: as silver tried in a furnace of earth, purified seven times (Psalm 12:6). Learn to use his words in your prayers. Pray the promises and commands of Scripture. God assures us that when we pray according to his will, He hears us and will answer such prayers (1 John 5:14, 15).¹

The Use of a Prayer Guide

Is the use of a prayer guide a new experience for you? If so, perhaps some suggestions are in order. This prayer guide is organized around a seven day week. Each day is divided into six major sections (Worship and Adoration, Intercession, Supplication, Confession, Spiritual Warfare, and Praise and Thanksgiving), with nine subcategories (our relationship with God, his royalty, his reputation, his reign, his rule, his resources for us, our need for reconciliation, God is our refuge, and the need to rejoice).

Spending Time with the Lord

How much time would you like to spend with the Lord? If, for example, you meditate and pray for one minute from each of the nine sub-categories, that would be nine minutes. Two minutes from each category would be eighteen minutes. Three minutes spent on each category would be twenty-seven minutes. Depending on the amount of time you have available, it is easy to spend a refreshing, profitable, and enjoyable fifteen to thirty minutes or more nurturing your relationship with God each day.

How much time you spend in prayer is up to you and the Holy Spirit. Obviously, the more you learn to enjoy prayer the more time you will want to spend with God. What has impressed me most by using this prayer guide is how much more meaningful, enjoyable and Scriptural my prayer time has become. I hope that will

¹ Terry L. Johnson. "Leading in Public Prayer," *Westminster Theological Journal* 60:2 (Fall, 1998)

be your experience too. Remember, many of the spiritual giants of yesteryear, including Matthew Henry and John Wesley, used them daily.

Do Not Rush through the Prayer Guide

This prayer guide is designed to help you learn how to use Scripture as a guide for your praying—for your time of talking with God. Think about what the Scriptures are teaching about God, about loving and forgiving our fellow man, and about ourselves. Meditate on the promises. Do not allow your prayer-time to become mechanical or routine.

These prayers are not to be said or prayed without your mind and heart fully engaged. Ask God to help you to focus on each word with heart-felt sincerity and earnestness. Feel free to pause anywhere in a prayer and add your own thoughts. Learn how to pour out your heart to God (Psalm 62:8). Make it personal. Let your prayer-time be a time of humbling yourself and drawing near to God (James 4:6-8). Remember, true worshipers “worship the Father in spirit and truth; for such people the Father seeks to be his worshipers” (John 4:23). Ask God to help you to learn how to be a true worshiper.

Develop Your Own Prayer Guide

As you learn how to use the Lord’s Prayer as your pattern for prayer, you may desire to develop your own prayer guide. As you read through the Bible each year, you will find verses that speak to your heart in a special way. Take those verses and turn them into prayer and praise to God.

Cultivate Your Relationship with God

View your prayer-time as a means of cultivating your relationship with God. If you use Scripture to shape your prayers, you will find that it will change both the way you experience God when you pray and the way you think about Him. Few people develop a consistent, meaningful prayer life without structure. Let the Lord’s Prayer provide the structure.

Monday

Worship/Adoration

"Our Father" - Our *Relationship With God*

Dear Heavenly Father,

I enter into your divine presence in Jesus' name (Ephesians 2:18). I rejoice that you invite me to have fellowship with you and with your Son, Jesus (1 John 1:4), and with the Holy Spirit (Philippians 2:1).

You invite me to come with confidence to the throne of grace, that I may obtain mercy, and find grace to help in time of need (Hebrews 4:16).

I thank you that you are full of compassion (Psalm 103:13). "It is of the LORD's mercies that we are not consumed, because your compassions fail not. They are new every morning: great is your faithfulness" (Lamentations 3:22-23).

Scripture asks, "Who has ascended into heaven and descended? Who has gathered the wind in his fists? Who has wrapped the waters in his garment? Who has established all the ends of the earth? What is his name or his son's name? Surely you know!" (Proverbs 30:4).

I praise you Father, that I do know that Jesus is your Son. And I gladly obey your command that "all men should honor the Son, even as they honor the Father" (John 5:23).

Lord Jesus, thank you for laying aside the glory you had with the Father before the world was created (John 17:5), and for becoming the Savior of the world (1 John 4:14).

Thank you for loving me so much that you willingly gave yourself to be the atoning sacrifice for my sins, yet not for my sins only, but for the sins of the whole world (1 John 2:2).

You were wounded for my transgressions. You were bruised for my iniquities. You were beaten so that I could have peace with God. It is with your stripes that I am spiritually healed (Isaiah 53:5).

I praise you, Lord Jesus, that you arose from the grave a victor over death and hell (Revelation 1:18). Because of my union with you, I too am dead to sin and have risen to walk in newness of life (Romans 6:4).

I worship you, blessed Holy Spirit.

Fill me anew and afresh with your hallowed presence (Ephesians 5:18).

You comfort (Acts 9:31), strengthen (Ephesians 3:16) and lead (Romans 8:14) each person who desires to please God. Help me to know how to cooperate with you.

You also convict the world of sin, of God's righteousness, and of the coming judgment (John 16:8).

Teach me to submit to your leadership in every area of my life (Galatians 5:24).

Cleanse me from all that would hinder your working in my life. May I not grieve you today in any way (Ephesians 4:30).

"Which Art in Heaven" - God's Royalty

Heaven is a place. It is where God's throne is located. Yet we are not to think of God's presence as limited to heaven. He is omnipresent ("everywhere present" - Psalm 139:7-12). However, God is said to be more present some places than at others. The fact that God is in heaven signifies that he is not limited to earthly resources. He is sovereign and has unlimited resources. Further, "heaven" speaks of perfection and reminds me that God is the perfection of Fatherhood.

Heavenly Father, I praise you that you have "prepared your throne in the heavens, and your kingdom rules over all" (Psalm 103:19).

You are "the God of heaven above, and the earth beneath: there is none else" (Deuteronomy 4:39; Genesis 24:3).

"The heaven and the heaven of heavens is the LORD's, the earth also, and all that therein is" (Deuteronomy 10:14). "Yet I know that heaven and the heaven of heavens cannot contain you" (1 Kings 8:27).

"Look down from your holy habitation and bless your people, O LORD" (Deuteronomy 26:15).

Father, you said, "Blessed are they that seek you with a whole heart" (Psalm 119:2).

"With my whole heart do I seek you: O let me not wander from your commandments. Your Word have I hid in my heart that I might not sin against you" (Psalm 119:10-11).

You are the royal King of Heaven and the King of my life.

"Hallowed Be Thy Name" - God's Reputation

The very nature of God (all that God is and does) is holy. When we claim to be a Christian we claim a relationship with him through Jesus Christ. Because God is holy, we are to be holy in all our attitudes and actions (1 Peter 1:15, 16). We influence what others think about him. His reputation is in our hands.

Father, all that you are, and all that you do is holy. There is none like you—"majestic in holiness, awesome in praises, working wonders" (Exodus 15:11).

You are "the high and lofty One that inhabits eternity. Your name is Holy. You dwell in the high and holy place" (Isaiah 57:15a).

You also choose to dwell with him that is of a contrite and humble spirit, to revive the spirit of the humble, and to revive the heart of the contrite ones (Isaiah 57:15b).

Help me to be contrite and humble so that your holy presence will dwell with me and revive my heart.

Father, help me to live today in such a manner that will not detract from your holiness. Your reputation is in my hands since I claim to be a Christian. May I not bring a reproach on your holy name by anything I do or say (Romans 2:14).

May people see your holiness—Christ-like attitudes and actions—shining forth from my life, for you command me, "Be ye holy in all of your conduct and behavior" (1 Peter 1:15).

Intercession

"Thy Kingdom Come" - God's Reign

"The LORD reigns, let the earth rejoice" (Psalm 97:1).

"The LORD reigns, let the peoples tremble; He is enthroned above the cherubim, let the earth shake!" (Psalm 99:1).

Father, I worship you and praise you for you are Sovereign! You reign supreme over all the nations of the earth. To you "the nations are like a drop from a bucket, and are regarded as a speck of dust on the scales" (Isaiah 40:15).

May your kingdom come! May your Kingdom grow as more and more people come to know you as their Lord and Savior.

Bless, strengthen, and encourage all the preachers that work for you in various ministries throughout the world.

You said, "Lift up your eyes, and look on the fields; for they are white already to harvest" (John 4:35). Help me to do what I can to lead others to you. I pray that more people will hear your call and become laborers in the harvest (Mathew 9:38).

You promised, "Call unto me, and I will answer you, and shew you great and mighty things, which you know not" (Jeremiah 33:3).

"Will you not revive us again: that your people may rejoice in you?" (Psalm 85:6)

I pray for... (name those who are not saved)... to be saved.

Father, draw them to Jesus (John 6:44). Grant them a heart of repentance. Create a hunger and thirst in them for you.

Oh God, as long as they are happy in sin, they will not sense their need for you. Therefore, cause the pleasures of sin to turn to ashes and dust in their mouth. Hedge them in to your will and your way (Hosea 2:8, 9).

Please bring the right people into their lives that will help them know how to be saved.

Bind the powers of darkness that hold them captive and open their eyes to their need of you.

May the day of their salvation be soon.

"Thy Will Be Done on Earth as It Is in Heaven" – God's Rule

Father, help me to be tuned in to your will. You express your will through Scripture.

Help my will to be submissive to your will. If there is anything in my life that is not pleasing you, please show it to me and give me the ability to make whatever changes you want made.

It is your will that I walk with integrity and do what is right. You require me to speak the truth from my heart (Psalm 15:2).

I am not to say things about others that would damage their character or influence, nor am I to speak evil of my friends. I am not to take up a reproach against my neighbor (Psalm 15:3).

Place a guard on my tongue so that I please you in all I say (Psalm 141:3).

I don't want to do anything today contrary to your will. May your will truly be done in my life today.

Supplication

“Give Us This Day Our Daily Bread” – Our Resources

Dear Father, you said that if I seek first your kingdom and your righteousness—if I put you first in my life—you will supply all my material needs (Matthew 6:33).

You said, “Don’t worry about tomorrow; for tomorrow will care for itself. Each day has enough trouble of its own (Matthew 6:34).

You forbid me to grumble, murmur, or complain about anything (1 Corinthians 10:10)

Please forgive me for ever murmuring or complaining about my circumstances. You have been better to me than I deserve.

If I suffer financial reverses, help me to remember that Jesus had no place to lay his head (Matthew 8:20), but he was rich in his relationship with you.

Grant that as I pray and read your Word I too will be rich in my relationship with you.

Forgive me for worrying.

You said, “Don’t worry about anything, but through prayer, supplication, and thanksgiving, to bring all my concerns to you, and the peace of God, which surpasses all understanding, will guard my heart and my mind in Christ Jesus” (Philippians 4:6-7).

You promise, “God shall supply all your need according to his riches in glory by Christ Jesus” (Philippians 4:19).

I thank you for all the blessings you have given me in the past.

I bring you my present needs.... (name them).

Help me to remember and be thankful for all you have already done!

I pray for... (people who are in need around the world).

I pray for those who occupy positions in local, state, and national government. I pray that you would guide them by the principles of your Word. Grant that they would honor you and that righteousness would reign. Please frustrate the purposes of evil and may your will be done. Grant that “we may lead a quiet and peaceable life in all godliness and honesty” (1 Timothy 2:2).

Confession/Reconciliation

"And Forgive Us Our Trespasses, as We Forgive Those Who Trespass against Us" - *Reconciliation*

"Search me, O God, and know my heart: try me, and know my thoughts: see if there be any wicked way in me, and lead me in the way everlasting" (Psalm 139: 23-24).

You "are good, and ready to forgive; and plenteous in mercy unto all them that call upon you" (Psalm 86:5).

I acknowledge, Lord, that if I do not forgive others their wrongs against me, I do not hurt them, but I cut myself off from your forgiveness (Mark 11:26).

I thank you for your mercy and forgiveness.

When I truly repent and turn from my sin, you remove them from me "as far as the east is from the west" (Psalm 103:12). You cast them behind your back (Isaiah 38:17), to remember them no more (Jeremiah 31:34). You blot them out for your own sake (Isaiah 43:25), and cast them all into the depths of the sea (Micah 7:19).

Spiritual Warfare

"And Lead Us Not into Temptation, but Deliver Us from Evil" - *Our Protection*

Holy Father, keep me through your name, for you have given me to Jesus (John 17:11). Just as Jesus was in the world but not of the world, help me not to be conformed to this world (Romans 12:2). Please guard my desires and wishes.

You said, "The Lord is faithful, and he will strengthen and protect you from the evil one" (2 Thessalonians 3:3).

Grant that today, Father, I may be spiritually strong in you.

You said, "Be strong in the Lord and in the power of his might. Our struggle is not against flesh and blood, but against the principalities, against the authorities, against the rulers of the darkness of this age, and against the spiritual forces of evil in the heavenly realms" (Ephesians 6:10-12).

Help me, Father, to "put on the full armor of God, so that when the day of evil comes, I may be able to stand my ground spiritually" (Ephesians 6:13).

You said, "Stand firm, with the belt of truth buckled around your waist" (Ephesians 6:14a). Help me to be completely truthful today in all my relationships.

You said, "Put on the breastplate of righteousness" (Ephesians 6:14b). Help me to be righteous and holy in all I do.

You said my feet are to be shod with the gospel of peace (Ephesians 6:15). Help me to stand firm in your truth and detect opportunities to share the gospel of Jesus with others.

You said, "Take up the shield of faith so that you can extinguish all the flaming arrows of the evil one" (Ephesians 6:16). When I am tempted today, grant that my faith fail not. (Luke 22:32).

I am to put on the helmet of salvation (Ephesians 6:17). May all my thoughts be brought into captivity to the obedience of Jesus Christ (2 Corinthians 10:5).

I am to learn how to use the sword of the Spirit, which is the word of God (Ephesians 6:17). Help me to hide your Word in my heart so that I will not sin against you (Psalm 119:11).

Praise and Thanksgiving

"For Thine Is the Kingdom, and the Power, and the Glory Forever" - Conclude with *Praise*.

Thine, O LORD, is the greatness, and the power, and the glory, and the victory, and the majesty: for all that is in the heaven and in the earth is yours; thine is the kingdom, O LORD, and you are exalted as head above all [over all] (1 Chronicles 29:11).

I offer to you "the sacrifices of righteousness, and I put my trust in the LORD" (Psalm 4:5).

You said, "Let all those that put their trust in you rejoice: let them ever shout for joy, because you defend them: let them also that love your name be joyful in you. For you, Lord will bless the righteous; with favor you will compass him as with a shield" (Psalm 5:11-12).

Help me, Father, to obey these commands today.

In the Name of Jesus I pray this, Amen

Tuesday

Worship/Adoration

"Our Father" - Our *Relationship* with God

Dear Heavenly Father,

I worship you for you are: "The LORD, the LORD God, compassionate, gracious, slow to anger, and abounding in loving kindness and truth" (Exodus 34:6).

You are the Creator of heaven and earth (Genesis 1:1). The heavens declare your glory; and the firmament shows your handiwork (Psalm 19:1).

You are all wise (Daniel 2:20; Romans 11:33). You never make a mistake (Psalm 33:11). Your understanding is infinite (Psalm 147:5).

You are all loving (1 John 4:8). You never are unkind or cruel (Psalm 119:68). You desire the very best for my life.

You are infinite in your power (Jeremiah 32:17). Nothing is impossible for you (Matthew 19:26; Luke 1:37).

I want to love you with all my heart, mind, soul, and strength (Mark 12:30). Increase my capacity to love you, I pray.

Someday I will stand in your presence to be judged for everything I've said and done (Matthew 12:46, Matthew 16:27; 2 Corinthians 5:10).

Empower me to walk humbly before you today and to demonstrate the godly fear that you desire (1 Peter 1:17).

You tell me that since I have become part of a kingdom that cannot be shaken, I am to express my gratitude by serving you with reverence and godly fear (Hebrews 12:28).

You said, "Serve the LORD with fear, and rejoice with trembling" (Psalm 2:11). Help me to do this.

I thank you, Lord Jesus, that you are "a merciful and faithful High Priest in things pertaining to God, and that you have made reconciliation for the sins of all mankind" (Hebrews 2:17).

Because you suffered when you were tempted, you come to my aid when I am tempted (Hebrews 2:18).

As my heavenly High Priest, help me to keep my focus on you and to draw from you the strength I need for this day (Hebrews 12:2).

The Psalmist says, "For he knows our frame; he remembers that we are dust" (Psalm 103:14).

You know me intimately and sympathize with my weaknesses. You faced the same type of problems and temptations I will face today. You tell me that you are with me to help me and enable me not to commit willful sin (Hebrews 4:14-15).

I thank you for loving me. It comforts me to know that you are praying for me today (Hebrews 7:24-25).

Grant that the people I come in contact with today may know that I love you, Lord Jesus, by my obedience to your commandments (John 14:31).

You said, "If you love me, keep my commandments" (John 14:15).

Blessed Holy Spirit, thank you for dwelling within me (Romans 8:11).

Strengthen me with might in my inner being so that Christ may have full right of way in my life (Ephesians 3:16-17).

I yield to you full control of my thoughts, my attitudes, and my actions. Enable me to walk in the Spirit throughout this day (Galatians 5:16).

Thank you for rooting and grounding me in Christ's love. Grant that I experience what it means to know the height and depth and length and breadth of the love of Christ, and to be filled unto all the fullness of God (Ephesians 3:17, 19).

"Which Art in Heaven" - God's Royalty

Heavenly Father, I join with the Psalmist and proclaim, "You are my God, I will praise you. You are my God, I will exalt you" (Psalm 118:28).

"For you, LORD, are high above all the earth. You are exalted far above all gods" (Psalm 97:9).

You are the King of kings, and the Lord supreme (Revelation 17:14).

I pledge allegiance to you and purpose, by your grace, to be loyal and completely obedient to you. You are my King.

"Hallowed Be Thy Name" - God's Reputation

Father, you said, "The fear of the LORD is the beginning of wisdom. The knowledge of the Holy One is understanding" (Proverbs 9:10).

You are holy in all that you do. You are righteous in all your ways and kind in all your deeds (Psalm 145:17)

My heart rejoices in you, because I have trusted in your holy name (Psalm 33:21).

You command me to be holy in all my attitudes and all my actions (1 Peter 1:15).

Father, help me to live today in such a manner that will not detract from your holiness. Your reputation is in my hands since I claim to be a Christian. May I not bring a reproach on your holy name by anything I do or say (Romans 2:14).

May people see your holiness—Christ-like attitudes and actions—shining forth from my life, for you command me, “Be ye holy in all of your conduct and behavior” (1 Peter 1:15).

Intercession

“Thy Kingdom Come” - God’s Reign

Heavenly Father, you are a seven-fold King.

1. You are the King of the Jews—a racial King (Matthew 2:2).
2. You are the King of Israel—a national King (John 1:49).
3. You are the King of righteousness—a spiritual King (Jeremiah 23:5).
4. You are the King of the ages—an eternal King (1 Timothy 1:17).
5. You are the King of heaven—a heavenly King (Daniel 4:37).
6. You are the King of glory—a glorious King (Psalm 24:10).
7. You are the King of Kings and the Lord of Lords—the supreme King (Revelation 17:14).

You are enduringly strong, eternally steadfast, and impartially merciful. You are the doorway of deliverance, the pathway of peace, the roadway of righteousness, the highway of holiness, and the gateway to glory.²

Your Kingdom is a spiritual kingdom in the hearts of men and women who are born again. May your Kingdom grow as more and more people come to know you as their Lord and Savior.

Bless, strengthen, and encourage all the missionaries that labor for you throughout the world.

You said, “Lift up your eyes, and look on the fields; for they are white already to harvest” (John 4:35). Lord of the Harvest, raise up and send out laborers into the harvest. Help me to be alert to opportunities to share the good news about Jesus with people I meet.

I pray for... (name those who are not saved)... to be saved.

² Adapted from a prayer by S. M. Lockridge

Father, draw them to Jesus (John 6:44). Grant them a heart of repentance. Create a hunger and thirst in them for you.

Oh God, as long as they are happy in sin, they will not sense their need for you. Therefore, cause the pleasures of sin to turn to ashes and dust in their mouth. Hedge them in to your will and your way (Hosea 2:6).

Please bring the right people into their life that will help them know how to be saved.

Bind the powers of darkness that hold them captive (Matthew 12:28-29) and open their eyes to their need of you (Acts 26:18).

May the day of their salvation be soon.

“Thy Will Be Done on Earth as It Is in Heaven” – God’s Rule

This petition teaches us to be more concerned about God’s will being done in our lives than our plans and wishes being done. If our desires are not in harmony with his will, we should ask God to change our desires. His will is to be done by us as it is done by the angels in heaven—eagerly and joyfully. We are to submit to the authority of his Word.

Heavenly Father, help me to be more desirous that your will be done than I am desirous that my will, my plans and my wishes be done.

You are the potter, I am the clay. I am the work of your hands (Isaiah 64:8). Help me to be good clay and help me to stay on the potter’s wheel as you mold me and shape me.

Some molding hurts, and some changes you wish to make in my life may be painful. Nevertheless, I desire with my whole heart to be a vessel of honor, sanctified, and fitted for the Master’s use (2 Timothy 2:20-22).

Help me to trust you and not draw back or run from your loving hands (Hebrews 10:38-39).

Supplication

“Give Us This Day Our Daily Bread” – Our Resources

Dear Father, you said that if I put you first in my life, you would take care of all my other needs (Matthew 6:33).

You said, “Don’t worry about tomorrow; for tomorrow will care for itself. Each day has enough trouble of its own (Matthew 6:34).

You forbid me to grumble, murmur, or complain (1 Corinthians 10:10).

Please forgive me for murmuring or complaining about any of my circumstances.

If people treat me unfairly, help me to see beyond them to you and know that you have let this come into my life to make me more like Christ (Romans 8:28,29).

Forgive me for worrying about material and physical problems. You said, "I am not to worry about anything, but in everything by prayer and supplication with thanksgiving to let my requests be made known to you." As I do this you promised, "the peace of God, which surpasses all understanding, will guard my heart and my mind in Christ Jesus" (Philippians 4:6-7).

You promise to "supply all my needs according to your riches in glory by Christ Jesus" (Philippians 4:19).

Thank you! Help me to trust in and rest on this promise.

I pray for... (whatever you need that is within God's will for you).

Help me to remember and be thankful for all you have already done!

I pray for... (people who are in need around the world).

I pray for those who occupy positions in local, state, and national government. I pray that you would guide them by the principles of your Word. Grant that they would honor you and that righteousness would reign. Please frustrate the purposes of evil and may your will be done. Grant that "we may lead a quiet and peaceable life in all godliness and honesty" (1 Timothy 2:2).

Confession/Reconciliation

"And Forgive Us Our Trespases, as We Forgive Those Who Trespass against Us" - Reconciliation

Search my heart, O God, for you said, "Be ye kind one to another, tender-hearted, forgiving one another, even as God for Christ's sake hath forgiven you" (Ephesians 4:32).

Thank you, Father, for drawing me to Jesus! (John 6:44). Thank you for saving me and adopting me into your family. Thank you for creating within me a pure heart (Psalm 51:10).

I thank you that you forgive iniquity, transgression and sin (Exodus 34:7).

Is there anyone I need to ask to forgive me for failing to be as kind or tenderhearted, or forgiving, as you wanted me to be toward them?

Father, help me not to resent your chastening. You said, "Blessed is the person whom you chasten and teach out of your law" (Psalm 94:12).

May I learn to say with the Psalmist David, "It is good for me that I have been afflicted; that I might learn your statutes" (Psalm 119:71).

"I know, O LORD, that your judgments are right, and that you in faithfulness have afflicted me" (Psalm 119:75)

Father, you require me to gain and maintain a clear conscience. Paul said, "And herein do I exercise myself, to have always a conscience void of offence toward God, and toward men" (Acts 24:16).

Help me to keep my conscience clear today. A clear conscience provides confidence toward you (1 John 3:21).

You said for me to "draw near to you with a true heart in full assurance of faith, having my heart cleansed from an evil conscience, and my body washed with pure water" (Hebrews 10:22).

Spiritual Warfare

"And Lead Us Not into Temptation, but Deliver Us from Evil" – Our Protection

Father, Jesus came to set me free from self-centeredness, obsessions, compulsions, or anything else that would keep me from being fully Christ-like.

Transform me by your grace into the unique person you created me to be.

In the name of Jesus, I ask for your divine working in my life so I can be free from all that would hinder your will for my life.

Grant that today, Father, I may be spiritually strong in you. You said, "Be strong in the Lord and in the power of his might" (Ephesians 6:10).

Praise and Thanksgiving

"For Thine Is the Kingdom, and the Power, and the Glory Forever" - Conclude With Praise.

I praise you Lord, that you are "the Everlasting God, the LORD, the Creator of the ends of the earth" (Isaiah 40:28).

"You do not become weary or tired (Isaiah 40:28). You neither slumber nor sleep" (Psalm 121:4).

Your understanding is inscrutable. You give strength to the weary, and to him who lacks might you increase power (Isaiah 40:29).

“They that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint” (Isaiah 40:31).

In the Name of Jesus I pray this, Amen

Wednesday

Worship/Adoration

"Our Father" - Our *Relationship* with God

Dear Heavenly Father,

I worship you for you are good. "Your merciful kindness is great toward me, and your faithfulness endures forever" (Psalm 117:2).

I join with the Psalmist who exclaims, "The LORD lives! Blessed be my Rock! Exalted be the God of my salvation" (Psalm 18:46).

"From the rising of the sun unto the going down of the same the LORD's name is to be praised" (Psalm 113:3).

"I will bless the LORD at all times. His praise shall continually be in my mouth" (Psalm 34:1).

You are glorified as I bear much fruit (John 15:8).

Grant me the desire and the power (your grace) to honor you in my life today.

I worship you, Jesus, for who you are, and thank you for what you do for me daily.

I join with the angels and archangels and proclaim: "Worthy is the Lamb that was slain to receive power, and riches, and wisdom, and strength, and honor, and glory, and blessing" (Revelation 5:12).

"God has highly exalted you and given you a name which is above every name, that at your name every knee should bow, in heaven, and on earth, and under the earth and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father" (Philippians 2:9-11).

I thank you for forgiving me my sins. Paul said, "Therefore being justified by faith, we have peace with God through our Lord Jesus Christ: By whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God. And not only so, but we glory in tribulations also: knowing that tribulation worketh patience; and patience, experience; and experience, hope: and hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us" (Romans 5:1-5).

Please help me to "walk worthy of you today, pleasing you Lord Jesus in everything I do. May I be fruitful in every good work, and increase in the knowledge of God" (Colossians 1:10).

Blessed Holy Spirit, guide me as I learn what it means to pray in the Spirit (Jude 1:20).

I desire and purpose to follow your prompting and leadership today.

Give to me ears to hear what you wish to say to me.

Open my ears and eyes spiritually, and grant that I would not be rebellious or draw back from doing your will (Isaiah 50:4, 5; Ephesians 1:18).

"Which Art in Heaven" - God's Royalty

"The LORD is in his holy temple; the LORD's throne is in heaven. His eyes behold, his gaze examines humanity" (Psalm 11:4)

"When I consider the heavens, the work of your fingers, the moon and the stars, which you have ordained, I ask with the Psalmist, "What is man, that you take thought of him? And the son of man that you care for him?" (Psalm 8:3, 4).

You created all the stars and call each of them by name (Isaiah 40:26).

Though you have done all this, you seek intimacy with me and give me dignity and destiny through Jesus Christ.

I thank you and worship you for your sovereignty and your great love.

"Hallowed Be Thy Name" - God's Reputation

You said, "Exalt the LORD your God, and worship at his footstool; for he is holy" (Psalm 99:5).

Father, help me to know how to exalt you in my life, in my attitudes, and in my words.

You command, "Give unto the LORD the glory due his name; worship the LORD in the beauty of holiness" (Psalm 29:2)

Your holiness is beautiful (2 Chronicles 20:21). May nothing in my life detract from your holiness today.

Intercession

"Thy Kingdom Come" - God's Reign

May I remember that your kingdom is not of this world (John 18:36).

You said, "The kingdom of God is not a matter of what we eat or drink, but of living a life of goodness and peace and joy in the Holy Spirit" (Romans 14:17).

Your kingdom presently is in the hearts of men and women who are spiritually born again.

As my King, grant me the ability to submit willingly to your authority.

May your reign be seen in my life as I daily live under your lordship.

I pledge allegiance to you and your purposes for my life, for the lives of my family members, and for the lives of my friends.

May your kingdom grow as more and more people come to know you as their Lord and Savior.

Bless, strengthen, and encourage all the Christians who work in secular jobs that they will be radiant witnesses of the love and peace of Jesus.

You said, "Lift up your eyes, and look on the fields; for they are white already to harvest" (John 4:35). Raise up, I pray, more workers for the fields and grant them fruit for their labors.

I pray for... (name those who are not saved)... to be saved.

Father, draw them to Jesus (John 6:44). Grant them a heart of repentance. Create a hunger and thirst in them for you.

Bind the powers of darkness that hold them captive (2 Timothy 2:26) and open their eyes to their need of you (2 Corinthians 4:4).

May the day of their salvation be soon.

"Thy Will Be Done on Earth as It Is in Heaven" – God's Rule

Father, I rejoice that you desire that I "be filled with the knowledge of your will in all wisdom and spiritual understanding" (Colossians 1:9).

It is your will that I "stand perfect and complete in all the will of God" (Colossians 4:12).

"Teach me your way, O LORD, and lead me in a plain path, because of mine enemies" (Psalm 27:11).

Remember: *One of the reasons Jesus teaches us to pray like this, spending 1/3 of our prayer time on his name, his kingdom, and his will is to break us from our self-absorption (our problems and needs).*

Supplication

"Give Us This Day Our Daily Bread" – Our Resources

Dear Father, you said that if I seek first your kingdom and your righteousness—if I put you first in my life—you will supply all my material needs (Matthew 6:33).

You said not to worry about tomorrow; for tomorrow will care for itself. Each day has enough trouble of its own (Matthew 6:34).

You forbid me to grumble, murmur, or complain about anything (1 Corinthians 10:10). Instead of complaining, I am to bring all my problems to you in prayer.

You said not to worry about anything, but through prayer, supplication, and thanksgiving, to bring all my concerns to you, and the peace of God, which surpasses all understanding, will guard my heart and my mind in Christ Jesus" (Philippians 4:6, 7).

Please forgive me for ever murmuring or complaining about my circumstances. You have been better to me than I deserve.

I bring you my present needs.... (name them).

Help me to remember and be thankful for all you have already done!

I pray for.... (others who are in need around the world).

I pray for those who occupy positions in local, state, and national government. I pray they would be saved and come to the knowledge of the truth. I pray that you would guide them by the principles of your Word. Grant that they would honor you and that righteousness would reign. Please frustrate the purposes of evil and may your will be done. Grant that "we may lead a quiet and peaceable life in all godliness and honesty" (1 Timothy 2:2).

Confession/Reconciliation

"And Forgive Us Our Trespasses, as We Forgive Those Who Trespass Against Us" - Reconciliation

Search me, O God, and see if there is any sin in my life. (Psalm 139:23-24)

"God is light, and in him there is no darkness at all" (1 John 1:5). You said that if we say that we have fellowship with God, and walk in darkness (do sinful things), we lie, and do not the truth. But if we walk in the light (do what we know pleases God), as he (God) is in the light, we have fellowship one with another, and the blood of Jesus Christ his Son cleanses us from all sin (1 John 1:6, 7).

"If we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness" (1 John 1:9).

Help me to walk in all the light you have given me. Grant me the grace to do your will gladly and cheerfully.

Father, I confess my need to have a greater desire, boldness, and effectiveness in personal witnessing and soul winning.

I thank you, Father, that you “are good, and ready to forgive. You are plenteous in mercy unto all them that call upon you” (Psalm 86:5).

Thank you for forgiving my sins.

Spiritual Warfare

“And Lead Us Not into Temptation, but Deliver Us from Evil” – Our Protection

You command, “Put you on the Lord Jesus Christ, and make not provision for the flesh, to fulfil the lusts [strong desires] thereof” (Romans 13:14).

Give me grace to guard the areas of life in which I am weak and prone to displease you.

You said, “Be strong in the Lord and in the power of his might. For our struggle is not against flesh and blood [people], but against the principalities, against the authorities, against the rulers of the darkness of this age, and against the spiritual forces of evil in the heavenly realms” (Ephesians 6:10-12).

You said, “Stand firm, with the belt of truth buckled around your waist” (Ephesians 6:14a). Help me to be completely truthful today in all my relationships.

You said, “Put on the breastplate of righteousness” (Ephesians 6:14b). Guard my heart and help me be righteous and holy in all I do.

You said my feet are to be shod with the gospel of peace (Ephesians 6:15). Help me to stand firm in your truth and detect when you want me to share the gospel of Jesus with others (Luke 22:32).

You said, “Take up the shield of faith so that you can extinguish all the flaming arrows of the evil one” (Ephesians 6:16). When I am tempted today, grant that my faith fail not.

I am to put on the helmet of salvation (Ephesians 6:17a). May all my thoughts be brought into captivity to the obedience of Jesus Christ (2 Corinthians 10:5).

Help me to learn how to use the sword of the Spirit, which is the word of God (Ephesians 6:17b).

Praise and Thanksgiving

“For Thine Is the Kingdom, and the Power, and the Glory Forever” - Conclude with Praise.

To you, Lord, I “offer the sacrifices of righteousness, and put my trust in the LORD” (Psalm 4:5).

You said, "Let all those that put their trust in you rejoice. Let them ever shout for joy, because you defend them" (Psalm 5:11)

Father, I choose to be happy and joyful in you.

"And this is the confidence that we have in him, that, if we ask any thing according to his will, he hears us: And if we know that he hear us, whatsoever we ask, we know that we have the petitions that we desired of him" (1 John 5:13, 14).

In the Name of Jesus I pray this, Amen

Thursday

Worship/Adoration

"Our Father" - Our *Relationship* with God

Dear Heavenly Father,

"I will praise you with my whole heart; I will make known all your marvelous works" for you are worthy of all my praise (Psalm 9:1).

"I will be glad and rejoice in you: I will sing praise to your name, O thou most High" (Psalm 9:2).

You said, "They that know your name will put their trust in you: for you, O LORD, have not forsaken them that seek you" (Psalm 9:10).

Father, I am grateful that I know your name (character). I gladly put my trust in you.

Since I claim you as my Father, help me to honor you today in my thoughts, words, and actions.

You said the fear of the Lord is to adopt your attitude toward evil. I am to hate pride and arrogance, evil behavior and perverse speech (Proverbs 8:13). Help me to do this.

Help me to be obedient to you by walking in the fear of the Lord all day long (Proverbs 23:17).

May the beauty of Jesus shine forth from my life today so that whoever is around me may see my good works and glorify you, Father (Matthew 5:16).

May your approving smile be on my life.

Grant me the grace to be merciful to others as you are merciful to me (Luke 6:36).

Father I am so thankful that your Son came into the world that I might be free from sin and the tyranny of self-centeredness.

"God forbid that I should glory, except in the cross of Jesus Christ my Lord, by whom the world has been crucified unto me, and I unto the world" (Galatians 6:14).

Through my union with you, Lord Jesus, I have died to sin (Romans 6:2). You tell me that I am now free from sin (Romans 6:7).

May I remember that the person I was before you saved me—self-centered and sinful—was crucified with Christ at the moment of my new birth (Romans 6:6a).

Your purpose for my life is that sin's control over my body might be destroyed, that henceforth I should no longer serve sin (Romans 6:6b).

You command me to exercise faith and "count myself to be dead indeed to sin but alive to Christ" (Romans 6:11).

I am not to let sin reign in my body by obeying its evil desires (Romans 6:12).

I am to yield the members of my body as instruments of righteousness to God (Romans 6:13).

Help me to obey these commands and to live in the power of Christ this day.

Thank you, Father, for the gift of the Holy Spirit. Jesus says the Holy Spirit is the promise of the Father (Luke 24:49).

Fill me today, blessed Spirit, with your hallowed Presence (Ephesians 5:18). Teach me to submit to your control over every area of my life.

Cleanse me from all that would hinder your working in my life (2 Corinthians 7:1).

May I not grieve you today in any way (Ephesians 4:30).

"Which Art in Heaven" - God's Royalty

Heavenly Father, I marvel that you, in your sovereign royalty, choose to love me (John 3:16).

Your love for me is causeless, spontaneous and free. It is undeserved, measureless, and will never cease.

You did not set your love on me because I was loveable, beautiful, or clever. In my sin I was unlovable, repulsive, and foolish.

You love me because you chose to love me (Ephesians 2:4-5).

Yet, in your love, you refuse to allow sin to remain in my life.

You are actively working to conform me to "the image of your Son" (Romans 8:28-29).

Help me today to gaze upon your glory, Lord Jesus, and so to be transformed into your image from glory to glory by your Spirit (2 Corinthians 3:18).

"Hallowed Be Thy Name" - God's Reputation

Father, I hallow your name by protecting your reputation, for you are a Holy God.

"Holy, Holy, Holy, is the LORD of hosts: the whole earth is full of his glory" (Isaiah 6:3).

The Psalmist said, "Glory in his holy name. Let the heart of those who seek the LORD be glad" (Psalm 105:3)

"The LORD is my defense. The Holy One of Israel is my king" (Psalm 89:18).

Help me, as the song says, to

"Take time to be holy, the world rushes on
Spend much time in secret with Jesus alone.
By looking to Jesus, like him thou shalt be.
Thy friends in thy conduct his likeness shall see.

"Take time to be holy, let him be thy guide;
And run not before him whatever betide.
In joy or in sorrow still follow thy Lord,
And looking to Jesus, still trust in his Word."³

Intercession

"Thy Kingdom Come" - God's Reign

Lord Jesus, you send us forth to minister in your kingdom not as lords, but as servants (1 Peter 5:3). You set the example of what it means to be a servant (Philippians 2:6, 7).

You came to seek and to save that which was lost (Luke 19:10). You did not seek your own will (John 6:38), your own pleasure (Romans 15:3), nor your own pursuits.

Help me to adopt the mind of Christ so that I will find more joy in serving you and others than in pursuing my own pleasure, possessions, power, performance, or prestige (Philippians 2:5).

Your Kingdom is a spiritual kingdom in the hearts of men and women who are born again. May your Kingdom grow as more and more people come to know you as their Lord and Savior. Send out people to labor in reconciling those who are unsaved to you.

Bless, strengthen, and encourage all pastors of local churches that they may be true to all the teachings of your Word, for you are equally a God of wrath against evil as well as a God of forgiveness for those who confess and forsake sin.

³ George Cole Stebbins

You said, "Call unto me, and I will answer you, and shew you great and mighty things, which you know not" (Jeremiah 33:3).

I pray for... (name those who are not saved)... to be saved.

Father, draw them to Jesus (John 6:44). Grant them a heart of repentance. Create in them a hunger and thirst for you.

Bind the powers of darkness that hold them captive and open their eyes to their need of you.

May the day of their salvation be soon.

"Thy Will Be Done on Earth as It Is in Heaven" – God's Rule

Lord, help me to be in tune with what the Holy Spirit wants to do and is doing in my family, my church, my community, my nation, and this world.

Guard and guide my desires and dreams, for you have warned me no matter how much a person sees, he is never satisfied. No matter how much a person hears, he is not content (Ecclesiastes 1:8). The things of this world will never satisfy my heart. Only you and your presence can do that.

Help me to derive my satisfaction and contentment from my relationship with you. I am complete (have fullness) in Christ (Colossians 2:10).

Help me to be grateful for what you have already provided for me.

Supplication

"Give Us This Day Our Daily Bread" – Our Resources

God has unlimited resources. They are available to us. Ask him to meet your physical, financial, emotional, and mental needs.

Dear Father, you said that if I seek first your kingdom and your righteousness—if I put you first in my life—you will supply all my material needs (Matthew 6:33).

I thank you for your promise: "But my God shall supply all your needs according to his riches in glory by Christ Jesus" (Philippians 4:19).

I thank you for all the physical and material blessings you have given me in the past.

I now bring you my needs... (name them).

I pray for... (others who are oppressed and in need around the world).

I pray, like Jabez of old, "Oh, that you would bless me and enlarge my territory! Let your hand be with me, and keep me from harm so that it will not bring me pain." (1 Chronicles 4:10). Please grant me my request like you granted Jabez his request.

Confession/Reconciliation

"And Forgive Us Our Trespasses, as We Forgive Those Who Trespass Against Us" - Reconciliation

You said, "If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land" (2 Chronicles 7:14).

Father, I confess my need to have a greater love for your Word and to spend more time in memorization and meditation of Scripture.

You said, "Let the word of Christ richly dwell within you, with all wisdom, teaching and admonishing one another with psalms and hymns and spiritual songs, singing with thankfulness in your hearts to God" (Colossians 3:16).

John said, "Behold, what manner of love the Father has bestowed upon us, that we should be called the sons of God. Therefore the world knows us not, because it knew him not. Beloved, now are we the sons of God, and it doth not yet appear what we shall be: but we know that, when he shall appear, we shall be like him; for we shall see him as he is. And every man that hath this hope in him purifies himself, even as he is pure" (1 John 3:1-3).

Jesus said, "Blessed are the pure in heart: for they shall see God" (Matthew 5:8). Help me to be pure in my motives and thoughts today.

Paul said, "The goal of the commandment is love which comes from a pure heart, and a good conscience, and a sincere faith" (1 Timothy 1:5).

Help me to "Flee youthful lusts: but follow righteousness, faith, love, peace, with them that call on the Lord out of a pure heart" (2 Timothy 2:22).

Thank you for forgiving my sins.

You have removed them as far as the east is from the west (Psalm 103:12). You have cast them behind your back (Isaiah 38:17), to remember them no more (Jeremiah 31:34).

You have blotted them out for your own sake (Isaiah 43:25), and have cast them all into the depths of the sea (Micah 7:19).

I thank you for your mercy and forgiveness.

Spiritual Warfare

“And Lead Us Not into Temptation, but Deliver Us from Evil” – Our Protection

Father, I praise you for your protection.

You said, “The Lord is faithful, and he will strengthen and protect you from the evil one” (2 Thessalonians 3:3).

“Order my steps by your Word, and let not any iniquity have dominion over me” (Psalm 119:133).

Help me to “refrain my feet from every evil way, that I might keep your Word” (Psalm 119:101).

You promise me that as I obey your Word continually, I will walk in liberty and freedom (Psalm 119:44-45)

Grant that today, Father, I may be spiritually strong in you. This is your will for my life. You said, “Be strong in the Lord and in the power of his might” (Ephesians 6:10).

Help me, Father, to put on the full armor of God today so I can stand firm against all the strategies and tricks of the devil (Ephesians 6:11).

I need the belt of truth to sustain me, the breastplate of righteousness to protect me, and my feet shod with readiness both to obey and to share the gospel of peace (Ephesians 6:14, 15).

Praise and Thanksgiving

“For Thine Is the Kingdom, and the Power, and the Glory Forever” - Conclude with *Praise*.

“Thine, O LORD, is the greatness, and the power, and the glory, and the victory, and the majesty: for all that is in the heaven and in the earth is yours; thine is the kingdom, O LORD, and you are exalted as head over all” (1 Chronicles 29:11).

You said: “Rejoice in the LORD, O you righteous: for praise is comely for (fitting, beautifies) the upright” (Psalm 33:1).

You said, “For I am the LORD, your God, who takes hold of your right hand and says to you, ‘Do not fear; I will help you’” (Isaiah 41:14).

You said, “Rejoice in the Lord always” (Philippians 4:4).

You said, “When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be

burned, and the flame shall not consume you. For I am the LORD, your God, the Holy One of Israel, your Savior" (Isaiah 43:2-3).

I praise you, "For with God nothing is impossible" (Luke 1:37).

"Ah, Lord GOD! Behold, you have made the heaven and the earth by your great power and stretched out arm, and there is nothing too hard for you" (Jeremiah 32:17).

"And this is the confidence that we have in him, that, if we ask any thing according to his will, he hears us: And if we know that he hear us, whatsoever we ask, we know that we have the petitions that we desired of him." (1 John 5:13, 14)

In the Name of Jesus I pray this, Amen

Friday

Worship/Adoration

"Our Father" - Our *Relationship* with God

Dear Heavenly Father,

I praise you, O LORD, for you are a shield for me; my glory, and the lifter up of my head (Psalm 3:3).

You love me and care for me more than I will ever know. Your word says, many, O LORD my God, are the wonders which you have done, and your thoughts toward us. There is none to compare with you. If I would declare and speak of them, they would be too numerous to count (Psalm 40:5).

Help me to love you, Father, with all my heart, mind, soul, and strength, as you deserve to be loved (Matthew 22:37).

I delight in you (Psalm 37:4), rejoice in serving you (Psalm 100:2), want to please you in everything (2 Corinthians 5:9), seek my happiness in you (Matthew 6:33), and I thirst for a fuller enjoyment of you (Psalm 42:1-2).

In addition to loving you, you have commanded me to "fear the LORD your God" (Deuteronomy 6:2, 13, 24).

Grant me the ability to fear you, to walk in all your ways, and to serve you with all my heart and with all my soul (Deuteronomy 10:12).

Thank you for your promise to bless me if I diligently obey all your commandments (Deuteronomy 11:12-14).

I thank you, Lord Jesus, that you gave yourself for my sins (Galatians 1:4a).

You love me and have freed me from my sins by your blood (Revelation 1:5).

You have delivered me from the power of darkness and have transferred me into your Kingdom (Colossians 1:13).

It is your will that I be set free from the corrupting power and sinful habits of this present evil age (Galatians 1:4b).

I worship you Lord Jesus, for you are the way, the truth, and the life: no one comes to the Father except by you (John 14:6).

You are the bread of heaven (John 6:41) and the bread of life; whoever comes to you will never hunger and will never thirst (John 6:35).

You have come that I might have life, and have it more abundantly (John 10:10).

Your ways, Lord Jesus, are right (Psalm 145:17), your word is eternal (Psalm 119:99), your will is unchanging, and your mind is on me (Psalm 40:5)!

Your bond is love (Colossians 3:14), your burden is light (Matthew 11:30), and your gift to me is abundant life (John 10:10).

You will never leave me (Hebrews 13:5), mislead me, overlook me or forget me.

When I fall, you lift me up. When I fail, you forgive me (1 John 1:9).

When I am weak, you are strong (2 Corinthians 12:10). When I am confused, you are the way (John 14:6).

When I am afraid, you are my courage (Isaiah 41:10). When I am hurt, you comfort me (2 Corinthians 1:3-4).

When I am broken, you mend me (Psalm 147:3). When I am hungry, you feed me (Psalm 145:16).

When I face trials, you encourage me. When I face persecution, you protect me.

When I face loss, you provide for me. And when I face death, you will carry me home.

You are everything I need or desire. I am yours and you are mine. Hallelujah, what a Savior!⁴

Blessed Holy Spirit, enable me to walk in you today (Galatians 5:25).

Just as Jesus was filled with the Spirit (Luke 4:1) and walked in the power of the Spirit (Luke 4:14), fill and empower me with the Spirit today.

It is through the fullness of the Spirit in my life that I am equipped and empowered to be the witness Jesus wants me to be (Acts 1:8).

Help me to be sensitive to your guidance, blessed Spirit.

Father, Son, and Holy Spirit, I praise you. You are the one God, manifesting yourself in three persons.

You are the three-in-one, most blessed Trinity. And, you are all I need!

“Which Art in Heaven” - God’s *Royalty*

Heavenly Father, I rejoice in the fact that “all the hosts of heaven are standing by you on your right hand and on your left” (1 Kings 22:19).

⁴ Adapted from a prayer by S. M. Lockridge

They are ready to obey your command (2 Chronicles 18:18).

You rule over all the kingdoms of the world. Power and might are in your hand, and no one can withstand you (2 Chronicles 20:6).

No wisdom, no understanding, no counsel, can avail against you (Proverbs 21:30).

You put up rulers and you put them down (Daniel 2:21).

Promotion comes from the Lord (Psalm 75:6).

"Hallowed Be Thy Name" - God's Reputation

You have said, Father, that you "set apart him that is godly for yourself: the LORD will hear me when I call unto him" (Psalm 4:3).

Thank you for hearing my prayers.

Grant that today, by your grace, I live godly in your sight.

You said, "Let your light shine before men in such a way that they may see your good works, and glorify your Father who is in heaven" (Matthew 5:16).

You said, "Whatever you do, do your work heartily, as for the Lord rather than for men, knowing that from the Lord you will receive the reward of the inheritance. It is the Lord Christ whom you serve" (Colossians 3:23, 24).

Help me to do this today.

Intercession

"Thy Kingdom Come" - God's Reign

Grant that by your grace I will have the same attitude Christ did, "who being in the form of God, did not regard equality with God something to selfishly grasped, but made himself of no reputation—he did not demand his rights, or pursue his own pleasures—but humbled himself and became obedient unto death" (Philippians 2:5-8).

Help me daily to surrender my rights to you, Lord, and yet be faithful to fulfill my responsibilities and to please you.

Your kingdom is a spiritual kingdom in the hearts of men and women who are born again (Luke 17:21).

May your kingdom grow as more and more people come to know you as their Lord and Savior.

Bless, strengthen, and encourage all the Christian teachers in public and private schools that they may witness to the grace and love of God.

You promised, "Call unto me, and I will answer you, and show you great and mighty things, which you know not" (Jeremiah 33:3).

I pray for... (name those who are not saved)... to be saved.

Please bring the right people into their life that will help them know how to be saved.

Bind the powers of darkness that hold them captive and open their eyes to their need of you.

"Thy Will Be Done on Earth as It Is in Heaven" – God's Rule

You tell me that "like living stones, I am to let myself be built into a spiritual house. I am a member of a holy spiritual priesthood, to offer spiritual sacrifices acceptable to God through Jesus Christ" (1 Peter 2:5)

I am to offer the following spiritual sacrifices to you:

1. The sacrifice of thanksgiving (Psalm 116:17)
2. My body as a living sacrifice (Romans 12:1)
3. The sacrifice of good deeds (Hebrews 13:16)
4. The sacrifice of sharing what I have with others (Hebrews 13:16)
5. The sacrifice of praise to God continually, that is, the fruit of my lips giving thanks to your name (Hebrews 13:15).

I am a member of a chosen race, a royal priesthood, a holy nation, God's own people, in order that I may proclaim the mighty acts of him who called me out of darkness into his marvelous light (1 Peter 2:9).

You tell me to rejoice evermore, pray without ceasing, in everything give thanks, for this is the will of God in Christ Jesus concerning me (1 Thessalonians 5:16-18).

You also said, I am to "always give thanks for all things in the name of our Lord Jesus Christ to God, even the Father" (Ephesians 5:20).

Help me to do this today.

Supplication

"Give Us This Day Our Daily Bread" – Our Resources

Dear Father, you said that if I seek first your kingdom and your righteousness—if I put you first in my life—you will supply all my material needs (Matthew 6:33).

Father, please forgive me for ever murmuring or complaining about my circumstances.

If people misunderstand me or are unkind to me, help me to remember that "the servant is not greater than his Lord" (John 15:20). Jesus also was misunderstood and abused.

Forgive me, also, for worrying about the unknown future.

You said I am not to worry about anything, but in everything by prayer and supplication with thanksgiving to let my requests be made known to you (Philippians 4:6)

You promise me if I do this the peace of God, which surpasses all understanding, will guard (surround) my heart and my mind in Christ Jesus (Philippians 4:7).

I thank you for your promise: "But my God shall supply all your need according to his riches in glory by Christ Jesus" (Philippians 4:19).

I thank you for the financial blessings you have given to me.

Help me to put you first in my finances and always honor you with the firstfruits of my income by faithfully tithing (Proverbs 3:9, 10).

I pray for... (whatever you feel you need that is within God's will for you).

Help me to remember and be thankful for all you have already done!

I pray for... (others who are in need around the world).

Confession/Reconciliation

"And Forgive Us Our Trespasses, as We Forgive Those Who Trespass Against Us" - Reconciliation

Confession is an act of self-humbling. It is an acknowledgement of the need of God's grace and help. Properly offered, it expresses the desire for spiritual improvement. Confession is to adopt God's viewpoint and attitude toward what is wrong or needs changed in your life. Confession assumes personal responsibility for your choices and attitudes regardless of how other people treated you.

"Search me, O God, and know my heart: try me, and know my thoughts: And see if there be any wicked way in me, and lead me in the way everlasting" (Psalm 139:23, 24).

You said, "When you stand praying, if you hold anything against anyone, forgive him, so that your Father in heaven may forgive you your sins" (Mark 11:25).

Father, bring to my mind anyone I have not forgiven.

Grant me the grace to forgive each person who has sinned against me, or hurt me or those I care about.

Cleanse me of all bitterness, ill-will, or resentment toward them.

Father, I confess my need to have a closer walk with you and to develop a prompt obedience to the prompting and checks of the Spirit.

I thank you, Father, that you "are good, and ready to forgive; and plenteous in mercy unto all them that call upon you" (Psalm 86:5).

"If you, LORD, should mark iniquities, who would stand?" (Psalm 130:3)

Thank you for forgiving my sins.

You have removed them as far as the east is from the west (Psalm 103:12). You have cast them behind your back (Isaiah 38:17), to remember them no more (Jeremiah 31:34).

I thank you for your mercy and forgiveness.

Spiritual Warfare

"And Lead Us Not into Temptation, but Deliver Us from Evil" – Our Protection

Father, you said blessed are the undefiled in the way, who walk in the law of the LORD. Blessed are they that keep your testimonies, and that seek you with the whole heart (Psalm 119:1, 2).

Help me to seek you today, with my whole heart.

You said that those who seek you with their whole heart do no iniquity: they walk in your ways (Psalm 119:3).

Grant that today, Father, I may be spiritually strong in you. This is your will for my life.

Help me to stay away from things I know will hurt me spiritually (2 Timothy 2:22).

In the areas of my weakness, guard me against the temptations that Satan has designed to defeat me.

You said, "Be strong in the Lord and in the power of his might" (Ephesians 6:10).

You said my feet are to be shod with the gospel of peace (Ephesians 6:15). Help me to stand firm in your truth and detect when you want me to share the gospel of Jesus with others.

You said, "Take up the shield of faith so that you can extinguish all the flaming arrows of the evil one" (Ephesians 6:16). When I am tempted today, grant that my faith fail not (Luke 22:32).

I am to learn how to use the sword of the Spirit, which is the word of God. (Ephesians 6:17). Help me to hide your word in my heart that I will not sin against you (Psalm 119:11).

Praise and Thanksgiving

"For Thine Is the Kingdom, and the Power, and the Glory Forever" - Conclude with *Praise*.

I praise you Lord, that you are the Everlasting God, the LORD, the Creator of the ends of the earth. You do not become weary or tired. Your understanding is inscrutable (Isaiah 40:28).

"You give strength to the weary, and to him who lacks might you increase power" (Isaiah 40:29).

"Though youths grow weary and tired, and vigorous young men stumble badly, they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint" (Isaiah 40:30, 31).

In the Name of Jesus I pray this, Amen

Saturday

Worship/Adoration

"Our Father" - Our *Relationship* with God

Dear Heavenly Father,

Thank you for promising to be to me everything I need (Colossians 2:10).

You said, "If my father and mother forsake me, the LORD will take me up" (Psalm 27:10).

As my Father, you are my provider, my defender, my sustainer, my comforter, my redeemer, my guide, my God, and the rock of my salvation (Psalm 89:26).

You are Alpha and Omega, the beginning and the end (Revelation 1:8).

Your name is from everlasting (Isaiah 63:16).

"Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom is no variableness, neither shadow of turning" (James 1:17).

May I understand, value, appreciate, and rejoice more each day that you are all I need!

I worship you Lord Jesus, for you are the one Isaiah spoke of when he said, "For unto us a child is born, unto us a son is given: and the government shall be upon his shoulders: and his name shall be called Wonderful Counselor, the mighty God, the everlasting Father, the Prince of Peace" (Isaiah 9:6).

You are the Holy One (Mark 1:24), the Son of God (Luke 1:32).

You are the Lamb of God (John 1:29) and the chief Shepherd of your sheep (1 Peter 5:4).

You are the source of life (Acts 3:15), and the author and finisher of our faith (Hebrews 12:2).

You are the Lord God Almighty (Revelation 15:3), the King of kings, and the Lord of lords (Revelation 19:16).

You are the light of the world (John 8:12), and the morning star (Revelation 22:16).

Thank you for being the same, yesterday, today, and forever (Hebrews 13:8).

You are all I need!

You promise, Lord Jesus, that if I abide in you, and you in me, I will bring forth much fruit; for without you, I can do nothing (John 15:5).

May you be glorified today in my life, my thoughts, my attitudes, and my actions.

Blessed Holy Spirit, grant that I will not rebel against your leadership or grieve you in any way today (Isaiah 63:10).

You said, "Do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption" (Ephesians 4:30).

I thank you, Holy Spirit, that you are my teacher and my Comforter (John 14:26).

You are the Spirit of truth (John 14:17).

Help me to love the truth and always speak the truth in love (Ephesians 4:15).

You are the Spirit of wisdom and understanding, the Spirit of counsel and strength, the Spirit of knowledge and godliness" (Isaiah 11:2)

You bring glory to Jesus by taking what belongs to Christ and making it real to me (John 16:14).

"Which Art in Heaven" - God's Royalty

"Bless the LORD, O my soul. O LORD my God, you are very great. You are clothed with honor and majesty" (Psalm 104:1).

"You cover yourself with light as with a garment. You stretch out the heavens like a curtain" (Psalm 104:2).

"You set the beams of your chambers on the waters. You make the clouds your chariot. You walk upon the wings of the wind" (Psalm 104:3).

I praise you, Father, that through you are high and lifted up, you choose to have a personal relationship with me. You are always with me. You hold my right hand (Psalm 73:23).

You guide me daily with your counsel. Afterward, you will receive me to glory. Whom have I in heaven but you? There is nothing upon earth that I desire more than you (Psalm 73:24, 25).

"Hallowed Be Thy Name" - God's Reputation

Your Word says, "Sanctify yourselves therefore, and be ye holy: for I am the LORD your God (Leviticus 20:7).

May people see your holiness shining forth from my life, for you command me, "Be ye holy in all of your conduct and behavior" (1 Peter 1:15).

Intercession

"Thy Kingdom Come" - God's Reign

You have taught us, O Lord, to be "looking for the blessed hope and the glorious appearing of our great God and Savior, Jesus Christ" (Titus 2:13).

You promise those who love you and walk in your truth, that when Jesus shall appear "we shall be like him, for we shall see him as he is." Then you exhort, "Everyone who has this hope in him purifies himself, just as he is pure" (1 John 3:2, 3).

Help me to be pure in my thoughts, words, and motives this day.

Your kingdom is a spiritual kingdom in the hearts of men and women who are born again.

May your kingdom grow as more and more as people come to know you as their Lord and Savior.

Bless, strengthen, and encourage all the evangelists who labor for you throughout the world.

I pray for... (name those who are not saved)... to be saved.

Oh God, as long as they are happy in sin, they will not sense their need for you. Therefore, cause the pleasures of sin to turn to ashes and dust in their mouth. Hedge them in to your will and your way (Hosea 2:8, 9).

May the day of their salvation be soon.

"Thy Will Be Done on Earth as It Is in Heaven" - God's Rule

You said that I am to examine everything carefully and to hold fast only to that which is good (1 Thessalonians 5:21).

I am to abstain from every form of evil, and even the appearance of evil (1 Thessalonians 5:22).

I am to allow the very God of peace to sanctify me entirely (wholly, through and through), so that God may preserve my whole spirit and soul and body blameless unto the coming of our Lord Jesus Christ (1 Thessalonians 5:23).

You promise me that the Faithful God who calls me to be entirely sanctified will do it if I cooperate with him (1 Thessalonians 5:24).

May the entirely sanctified life be mine each day as I keep fully surrendered to your will.

Supplication

“Give Us This Day Our Daily Bread” – Our Resources

Dear Father, you said, “If you have been raised up with Christ, keep seeking the things above, where Christ is, seated at the right hand of God” (Colossians 3:1).

I am to set my mind on the things above, not on the things that are on earth (Colossians 3:2). Help me to do this.

Father, please forgive me for ever murmuring or complaining about my circumstances. You have been better to me than I deserve.

I thank you for your promise: “But my God shall supply all your needs according to his riches in glory by Christ Jesus” (Philippians 4:19).

I thank you for the emotional, mental, physical, and spiritual health with which you have blessed me.

I pray for... (whatever you feel you need that is within God’s will for you).

Confession/Reconciliation

“And Forgive Us Our Trespasses, as We Forgive Those Who Trespass Against Us” - Reconciliation

You have told us: “For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle” (James 3:2).

My tongue is a little member of my body, but it can do enormous damage. You said the tongue is like a fire (James 3:5, 6).

Help me not to use my tongue in harmful ways, or ways that will displease you.

You tell us to “Confess your faults (sins) one to another, and pray one for another, that you may be healed. The prayer of the righteous is powerful and effective” (James 5:16).

Father, I confess my need to have a greater sensitivity toward other people and a greater ability to express Christ’s love to them.

I thank you, Father, that you “are good, and ready to forgive; and plenteous in mercy unto all them that call upon you” (Psalm 86:5).

Thank you for forgiving my sin.

I join with the Psalmist and proclaim, "Bless the LORD, O my soul: and all that is within me, bless his holy name. Bless the LORD, O my soul, and forget not all his benefits: who forgives all my iniquities; who heals all my diseases. Who redeems my life from the pit, who crowns me with steadfast love and mercy. Who satisfies me with good as long as I shall live so that my youth is renewed like the eagle's" (Psalm 103:1-5).

Spiritual Warfare

"And Lead Us Not into Temptation, but Deliver Us from Evil" – Our Protection

Help me to trust in you with all my heart and stop leaning on my own understanding. Help me in all my ways to know you (your mind—how you think about each situation I face) and to walk in your ways today. You promised that if I do this, you will direct my paths (Proverbs 3:5-6).

May I have the wisdom that is from above which is "first of all pure, then peace-loving, gentle (considerate), easy to be entreated (reasonable), full of mercy and good fruits, impartial and without hypocrisy (sincere) (James 3:17).

You said, "Blessed are the pure in heart, for they shall see God" (Matthew 5:8). Grant that my thoughts and motives be pure today in your sight.

I am to put on the helmet of salvation (Ephesians 6:17a). May all my thoughts be brought into captivity to the obedience of Jesus Christ (2 Corinthians 10:5). Help me to quickly detect the thoughts the enemy places in my mind and to flee to the blood of Jesus for protection (Revelation 12:11).

Grant that I learn how to use the sword of the Spirit, which is the word of God (Ephesians 6:17b). May I hide your word in my heart so that I do not sin against you (Psalm 119:11).

Praise and Thanksgiving

"For Thine Is the Kingdom, and the Power, and the Glory Forever" - Conclude with Praise.

*Focus on the position of God, his power, his majesty and his glory.
Encourage your heart with praise.*

"Thine, O LORD, is the greatness, and the power, and the glory, and the victory, and the majesty: for all that is in the heaven and in the earth is yours; thine is the kingdom, O LORD, and you are exalted as head above all (over all)" (1 Chronicles 29:11).

"You will bless the righteous; with favor you will compass him as with a shield" (Psalm 5:12).

"I have set the LORD always before me: because he is at my right hand, I shall not be moved" (Psalm 16:8).

"The LORD has heard my supplication; the LORD will receive my prayer" (Psalm 6:9).

"Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us, unto him be glory in the church by Christ Jesus throughout all ages, world without end. Amen" (Ephesians 3:20, 21)

In the Name of Jesus I pray this, Amen

Sunday

Worship/Adoration

"Our Father" - Our *Relationship* with God

Dear Heavenly Father,

The Psalmist asks: "Who may ascend into the hill of the LORD? And who may stand in your holy place?" (Psalm 24:3)

The answer comes back, "He who has clean hands and a pure heart, who has not lifted up his soul to falsehood and has not sworn deceitfully" (Psalm 24:4).

Grant that today my hands will be clean and my heart pure. May no deceit or falsehood pass from my lips.

You are a God of truth (Deuteronomy 32:4). "Lead me in your truth and teach me, for you are the God of my salvation" (Psalm 25:5).

"O send out your light and your truth. Let them lead me, let them bring me to your holy hill and to your dwelling place" (Psalm 43:3).

It is your will that I not only speak the truth, but that I am truthful in my innermost being (Psalm 51:6). Help me to be completely truthful today in a kind, loving, and considerate manner.

"Let the words of my mouth and the meditation of my heart be acceptable in your sight, O LORD, my strength, and my redeemer" (Psalm 19:14).

I thank you Lord Jesus, that you are from above and not of this world (John 8:23).

You are the good Shepherd who gives his life for the sheep (John 10:11). You know your sheep and your sheep know your voice and follow you (John 10:27).

Help me as one of your sheep to listen to you and obey your voice. I desire to follow where you lead, for you always lead in paths of righteousness (Psalm 23:3).

You give the sheep who faithfully listen, obey and follow you eternal life and they shall never perish; no one can snatch them out of your hand (John 10:28).

Thank you for the spiritual security you provide.

I worship you, Lord Jesus, for you are the resurrection and the life; he that believes in you, though he were dead, shall yet live (John 11:25).

You are the true vine, and the Father is the vine dresser. Every branch in you that bears not fruit the Father takes away: and every branch that bears fruit, the Father purges it, that it may bring forth more fruit (John 15:1-2).

Help me to see the things in my life that need pruning or changing and not resist or run away from your loving hand, even when it hurts.

Blessed Holy Spirit, thank you for lavishly pouring out the love of God into my heart (Romans 5:5).

You are the heavenly gardener of our soul to bring fruit to our lives. May the spiritual fruit of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control grow and develop in my life (Galatians 5:22, 23).

Help me to remember that my body is a temple of the Holy Spirit who is in me, whom I have from God, and that I am not my own. I am bought with a price. Therefore I am to glorify God in my body, and in my spirit, which are God's (1 Corinthians 6:19, 20).

Grant that I will glorify you in my body, by the way I dress it and use it, and in my spirit by the way I think and express myself.

Scripture says, "If we live by the Spirit, let us also keep step with the Spirit" (Galatians 5:25).

Please help me to be sensitive and obedient to your leadership.

"Which Art in Heaven" - God's *Royalty*

The Psalmist said, "He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty" (Psalm 91:1).

Because you are the King of kings, with infinite knowledge and power, I have no reason to fear the future.

"I will say to the LORD, 'You are my refuge and my fortress, my God, in whom I trust!'" (Psalm 91:2).

It is he who delivers me from the snare of the trapper and from the deadly pestilence (Psalm 91:3).

He will cover me with his pinions, and under his wings I may seek refuge. His faithfulness is a shield and bulwark (Psalm 91:4).

I know whom I have believed and I am convinced that you are able to keep (guard) that which I have entrusted to you until the day of your appearing (2 Timothy 1:12).

“Hallowed Be Thy Name” - God’s Reputation

Heavenly Father, you said, “Whether you eat or drink or whatever you do, do all to the glory of God” (1 Corinthians 10:31).

Your glory is the sublime display of your unique attributes and perfections.

Grant that my life may bring you glory as I walk with you today.

May I do nothing that will profane your holy name (Leviticus 22:32).

Make me holy as you are holy.

Intercession

“Thy Kingdom Come” - God’s Reign

God’s plan from eternity has been to establish a kingdom of righteousness and holiness upon the earth (Matthew 25:34). The establishment of God’s kingdom happens in two phases. The first phase is spiritual. God rules in the hearts and lives of his people (Colossians 1:13). When we pray “your kingdom come,” we are praying that people will get saved and become citizens of God’s kingdom (Matthew 9:35). The second phase of the kingdom’s coming is physical. When Jesus comes the second time, He will abolish all the governments of the earth, and establish himself as King of the whole world (Daniel 2:44-45). When we pray “your kingdom come,” in this sense, we are eagerly anticipating Jesus’ second coming (Revelation 22:20).

“Righteousness and justice are the foundation of your throne; loving-kindness and truth go before you” (Psalm 89:14).

All that you do is right and just. Although I may not understand why you allow certain things to happen in my life, may I always remember that you are too loving to be cruel and too wise to make a mistake.

“My mouth will speak in praise of the LORD. Let every creature praise his holy name for ever and ever” (Psalm 145:21).

May your kingdom come!

Bless, strengthen, and encourage all the preachers, missionaries, teachers, pastors, and evangelists—all that labor for you throughout the world.

“The Lord is not slack concerning his promise, as some men count slackness; but is longsuffering to us-ward, not willing that any should perish, but that all should come to repentance” (2 Peter 3:9).

I pray for... (name those who are not saved)... to be saved.

Please bring the right people into their life that will help them know how to be saved.

Bind the powers of darkness that hold them captive and open their eyes to their need of you.

“Thy Will Be Done on Earth as It Is in Heaven” – God’s Rule

You have saved me, and called me with an holy calling, not according to my works, but according to your own purpose and grace, which was given me in Christ Jesus before the world began (2 Timothy 1:9).

It is your will that I align my life to your holy Word. Grant me the grace to live in obedience to all you have shown me. You said, if I walk in the light as you are in the light, I am having fellowship with you and the blood of Jesus Christ, your Son, is cleansing me from all sin” (1 John 1:7).

May I never turn back from walking in all the light and thereby bring you pain (Psalm 78:14).

Like Paul, I choose to “count all things but loss for the excellency of the knowledge of Christ Jesus my Lord.” May I always choose you and your will instead of my own will and desires. (Philippians 3:8).

Supplication

“Give Us This Day Our Daily Bread” – Our Resources

Dear Father, you said that if I seek first your kingdom and your righteousness—if I put you first in my life—you will supply all my material needs (Matthew 6:33).

Help me to remember that one of the ways I put you first in my life is to give back to you the tithe (10%) of my earnings (Leviticus 27:30). I do this Lord to acknowledge my trust in you and dependence on you as my Provider.

If I fail to honor you with my tithe, you tell me I am robbing you of that which rightfully belongs to you (Malachi 3:8). You warn me that if I don’t tithe, you will allow the devourer to consume my income (Malachi 3:10).

Help me to be faithful to obey you in my finances.

Father, please forgive me for ever murmuring or complaining about my circumstances.

I know that nothing touches my life but what first passes through your hand (Colossians 3:3). Help me to trust you with all I am and all I have. You have been better to me than I deserve.

Forgive me, also, for worrying about material and physical problems.

I thank you for your promise: "But my God shall supply all your need according to his riches in glory by Christ Jesus" (Philippians 4:19).

I pray for... (your present needs).

Help me to remember and be thankful for all you have already done!

I pray for... (others who are in need around the world).

I pray for those who occupy positions in local, state, and national government. I pray that you would guide them by the principles of your Word. Grant that they would honor you and that righteousness would reign. Please frustrate the purposes of evil and may your will be done. Grant that "we may lead a quiet and peaceable life in all godliness and honesty" (1 Timothy 2:2).

Confession/Reconciliation

"And Forgive Us Our Trespasses, as We Forgive Those Who Trespass Against Us" - *Reconciliation*

The Psalmist said, "I acknowledged my sin unto you, and my iniquity have I not hid. I will confess my transgressions unto the LORD; and you forgave the iniquity of my sin." (Psalm 32:5)

Lord help me not allow bitterness against anyone to poison the soil of my soul, for you have said if any root of bitterness grows up in my heart, many people may be defiled (Hebrews 12:15).

If there is anyone I have not treated with kindness and genuine Christian love, please bring them to my remembrance and give me the courage and grace to humble myself and ask their forgiveness.

You said that you resist the proud but give grace to the humble (James 4:6). Enable me to humble myself so I can receive your grace.

Spiritual Warfare

"And Lead Us Not into Temptation, but Deliver Us from Evil" - *Our Protection*

You said, "Endure hardness as a good soldier of Jesus Christ." No one who is engaged in warfare entangles himself in the affairs of everyday life—he wants to please his commanding officer (2 Timothy 2:3, 4).

Jesus is my commanding officer. Help me to obey all his commands.

Grant that today, Father, I may be spiritually strong in you.

You said, "Be strong in the Lord and in the power of his might. Our struggle is not against flesh and blood, but against the principalities, against the authorities, against the rulers of the darkness of this age, and against the spiritual forces of evil in the heavenly realms" (Ephesians 6:10-12).

Help me, Father, to "put on the full armor of God, so that when the day of evil comes, I may be able to stand my ground spiritually" (Ephesians 6:13).

Praise and Thanksgiving

"For Thine Is the Kingdom, and the Power, and the Glory Forever" - Conclude with *Praise*.

Thine, O LORD, is the greatness, and the power, and the glory, and the victory, and the majesty: for all that is in the heaven and in the earth is yours; thine is the kingdom, O LORD, and you are exalted as head above all [over all] (1 Chronicles 29:11).

"I will rejoice and be glad in your lovingkindness, because you have seen my affliction; You have known the troubles of my soul" (Psalm 31:7).

You said, "Be strong, and let your heart take courage, all you who wait for the LORD" (Psalm 31:24).

May the LORD bless me, and keep me. May the LORD make his face shine on me, and be gracious to me. May the LORD lift up his countenance on me, and give me peace (Numbers 6:24-26).

"And this is the confidence that we have in him, that, if we ask any thing according to his will, he hears us: And if we know that he hear us, whatsoever we ask, we know that we have the petitions that we desired of him." (1 John 5:13, 14)

In the Name of Jesus I pray this, Amen